Coping as an Asian Pacific American
May 12, 2021 | 12:00 PM – 1:30 PM
This session will provide MIT Asian Pacific American (APA) employees with a safe space to discuss their unique experiences with systemic racism. We will:
• Draw on history to understand the present rise in racism and violence
• Explore the harmful impacts of the model minority and perpetual foreigner stereotypes
• Focus on the lived experiences and resilience of the APA community
• Provide strategies that APA employees can use to care for themselves and build support systems

Please note: This session is intended for members of the MIT APA employee community

Register

Allying with the Asian Pacific American Community
May 26, 2021 | 12:00 PM – 1:30 PM
This session will provide cultural context and tactical guidance around how MIT employees can best support their MIT Asian Pacific American (APA) colleagues. You will leave this session with an understanding of:
• The lived experiences of your APA colleagues
• What APA ally-ship is and is not
• Actions you can take to advance APA cultural inclusion in various situations
• How your APA colleagues would like to be supported during difficult times

Please note: This session is intended for members of the MIT APA employee community AND employees who consider themselves allies of the APA community

Register

Coping and Building Coalitions
Amidst Anti-Asian Racism and Violence

This webinar series, held in honor of Asian American and Pacific Islander Heritage Month, is offered by the APA ERG in collaboration with the MIT Human Resources’ Center for WorkLife and WellBeing.